

Village Health Foundation

4073-75 W. Pico Blvd Los Angeles, CA 90019

Mindful-wellness Counseling Program (VMwC)

The counseling program at the Village Health Foundation provides services to the general and underserved populations of Los Angeles. These underserved populations include the ethnic/racial minorities, LGBTQ individuals, persons diagnosed with HIV/AIDS, and the economically and socially oppressed and marginalized groups (Individuals and families).

One of the most unique qualities of the services is its integrative holistic approach (yoga/medi, acupuncture, dance, art, EFT, functional nutrition etc) to counseling individuals & families who are often apprehensive regarding counseling. The lack of sensitivities and understanding of their personal and cultural perceptions by services has contributed to the therapist and clients not being able to forge a therapeutic alliance thus, maintaining the stigma associated with mental health services.

The services are provided by licensed clinicians; graduate students in clinical training program supervised by licensed clinical psychologist and clinical social worker and Marriage & family therapist . All interventions are provided by ACSW and AMFT are under the supervision of licensed mental health professionals.

We believe each person is worthy and unique in a multitude of ways. We see value in who our clients are within all the layers of personhood from heart, soul, mind , culture, race, religion, gender, identity and , sexual orientation. We maintain that our clients have the right to self-determination and actualization in regard to their life and we support and encourage this through counseling.

Are you experiencing feelings of >anxiety, depression, panic, stress, or experienced trauma, grief/loss or difficult life transition we can support you with a variety of mindfulness protocols we offer to meet your needs

Appointment Required

For more information; Denise Davidson/LMFT E.Director/Founder
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