CERTIFICATION

- Yoga Therapy Teacher Training, South Africa, AKYTTSA, 2020
- Yoga for Cancer Teacher Training, Be Well Therapy, 2020
- Master Trainer and Life Coach for Prevention of Chronic Disease, Black Women's Health Imperative (BWHI), 2017
- Y.O.G.A for Youth Teacher Training, Tenth Gate, 2001
- Kundalini Yoga Teacher Training Certification Program, Kundalini Research Institute, 2000
- Youth Conflict Resolution Leadership Training Certification Program, California State University, Dominguez Hills, 1996
- Entrepreneurship Training Certification Program, University of Southern, 1995
- Business Time Management Certification Program, George Washington University, 1981

LEADERSHIP

- Executive Director/Founder Village Mindfulwellness Counseling (VMWC) 2006-Present
- Founding Member/Vice President, Global Educational Exchange Coalition (GEEC), 2017–Present
- Board Member, Dr. Bettye Bouey-Yates Educational Foundation, 2017– Present
- Board Member, Celebration of Education Scholarship Program, 2012–Present
- Advisory Board Member, El Camino College, STARS Program, 2007–2016
- Founding Member and Former Vice-Chair, Southern California College Access Network (SoCal Can), 2006–2013
- Board Member, International Association of Black Yoga Teachers (IABYT), 1999–2010